

## How to increase your 'lampin' (traditional nappy) absorption rate?

**Method 1:** (Note: Step 1-4 is what you usually fold a 'lampin')  
Add a piece of nappy liner to avoid rashes.

1. Fold 'lampin' into half to form a rectangle shape.



2. Fold it into half again to form a square.



3. Pull one of the end to the other end to form a triangle



**4. Turn the lampin to the other side and place microfiber insert in the middle of it.**



**5. Fold one side of the edge that still has the square edge into half towards to the centre.**



**6. Fold this side into half again to cover the microfiber exactly.**



**7. Place your baby on the lampin and fold from the front. Fold the part behind from back to front.**



**8. Snap on with a snappy to 'lock' the left and right ,  
and also the front side.**



**Ta-da, there you go with a complete made-for-easy to  
use diaper. This is a superb method to fully utilize  
your microfiber insert for day use without having to  
spend on additional cloth diaper**

<http://www.about.niceclothdiaper.com>